

SPROUT CARDIGAN

designed by Tian Foley

Classic Elite Yarns

SPROUT

Sprout is a soft, squishy organic cotton yarn with a slightly nubby texture. Available in a bright-and-lively palette perfect for summer, Sprout is machine washable. With a wonderful soft texture, and a quick-to-knit gauge, it's easy to see why environmentally friendly Sprout is a popular choice for to knit and wear year round.

SKILL LEVEL

Intermediate

SIZES

S (M, L, XL). Shown in size S.

FINISHED MEASUREMENTS

Bust: 34¼ (39, 44¾, 49½)", with fronts open

YARN

Sprout by **Classic Elite Yarns**,
Verde Collection

(100% organic cotton;

100 g = approx 109 yards)

6 (6, 7, 7) hanks

Shown in: 4352 Lilac and 4316 Natural

NEEDLES

Knitting needles in sizes US 8 and 9 (5 and 5.5 mm) **or size to obtain gauge.**

OTHER MATERIALS

Stitch holders or waste yarn

Stitch markers

GAUGE

14 sts and 20 rows = 4" in Stockinette Stitch with larger needles. **Take time to save time, check your gauge.**



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ABBREVIATIONS

beg: begin(ning)

BO: bind off

CO: cast on

cont: continue

dec('d): decrease(d)

EOR: every other row/round

est: establish(ed)

inc('d): increase(d)

k: knit

k2tog: k 2 sts together (1 st dec'd)

LH: left hand

m1-l: (make 1 left slanting) Insert LH needle under horizontal strand between st just worked and next st, from front to back, knit through the back loop (1 st inc'd).

m1-r: (make 1 right slanting) Insert LH needle under horizontal strand between st just worked and next st, from back to front, knit through the front loop (1 st inc'd).

meas: measure(s)

p: purl

p2tog: p 2 sts together (1 st dec'd).

pc(s): piece(s)

pm: place marker

rem: remain(ing)

rep(s): repeat(s)

RH: right hand

RS: right side

RT: (right twist) Skip 1 st and knit the next st, knit the skipped st, slip both sts from needle together.

skp: slip 1 st knitwise, from the LH needle to RH needle, k1, pass slipped st over knit st (1 st dec'd).

slm: slip marker

ssk: (slip, slip, knit) slip 2 sts, 1 at a time, knitwise to RH needle; return sts to LH needle in turned position and knit them together through the back loops (1 st dec'd).

st(s): stitch(es)

tbl: through the back loop

WS: wrong side

yo: yarn over (1 st inc'd).

Stockinette Stitch (St st): Knit on RS, purl on WS.

Reverse Stockinette Stitch (Rev St st): Purl on RS, knit on WS.

Garter Stitch (Gtr St): Knit all sts, every row.

Wrap and turn (w&t):

Knit row – Slip next st purlwise onto RH needle, bring yarn to front of work, return slipped st to LH needle, bring yarn to back of work, then turn work.

Purl row – Slip next st purlwise onto RH needle, bring yarn to back of work, return slipped st to LH needle, bring yarn to front of work, then turn work.

Hide Wraps:

Knit row or stitch – Insert RH needle tip from front to back into wrap and knit it together with the wrapped stitch.

Purl row or stitch – Insert RH needle tip from back to front into wrap and lift it onto LH needle, then purl it together with the wrapped stitch.

Three Needle Bind Off Method: Slip the sts from holders onto each of 2 needles; with the RS of garment pieces together (to form ridge on inside of garment), hold the needles parallel. With a third needle knit the first st of front and back together, *knit next st from each needle together, (2 sts on RH needle), BO 1 st; rep from * until all sts are BO.

PATTERN STITCHES

2 x 2 Rib (multiple of 4 + 2)

Row 1: (RS) P2, *k2, p2; rep from * to end.

Row 2: K2, *p2, k2; rep from * to end.

Rep Rows 1- 2 for 2 x 2 Rib.

Waffle Stitch (multiple of 4 sts + 2)

Row 1: (RS) P1, yo, *skp, k2tog, yo (twice); rep from * to last 5 sts, skp, k2tog, yo, p1.

Row 2: (WS) K2, p2, *k 1st yo tbl, then k 2nd yo, p2; rep from * to last 2 sts, k2.

Row 3: P1, *p1, RT, p1; rep from * to last st, p1.

Row 4: K1, *k1, p2, k1; rep from * to last st, k1.

Row 5: P1, * k2tog, yo (twice), skp; rep from * to last st, p1.

Row 6: K1, *p1, k 1st yo tbl, then k 2nd yo, p1; rep from * to last st, k1.

Row 7: P1, k1, *p2, RT; rep from * to last 4 sts, p2, k1, p1.

Row 8: K1, p1, k2, *p2, k2; rep from * to last 2 sts, p1, k1.

Rep Rows 1 - 8 for Waffle St.

BACK

With smaller needles, CO 66 (74, 82, 90) sts. Purl 1 row (WS).

Change to larger needle. Work 2 x 2 Rib for 4 rows, ending with a WS row.

Work 16 rows in Waffle St, ending with a WS row.

Next row (RS): Purl.

Work 3 (3, 3, 7) rows in St st ending with a WS row. Pm at each side of center 22 (26, 28, 30) sts.

Shape Sides, Dec Row (RS): Work to 2 sts before first marker, k2tog, slip marker, work to next marker, slip marker, ssk, work to end – 2 sts dec'd.

Rep dec row every 6th (6th, 6th, 8th) row 2 (2, 2, 1) more times – 60 (68, 76, 86) sts

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Work even until pc meas 12 (12½, 12½, 13)" from beg, ending with a WS row.

Shape Armholes: BO 3 (3, 4, 4) sts at beg of next 2 rows – 54 (62, 68, 78) sts.

Dec Row (RS): K2, k2tog, work to last 4 sts, ssk, k2 – 2 sts dec'd.

Rep dec row EOR 3 (5, 6, 9) more times – 46 (50, 54, 58) sts

Work even until armhole meas 7½ (8, 8½, 9)", ending with a WS row. Pm at each side of center 16 (18, 20, 22) sts.

Shape Neck and Shoulders, with Short rows:

Row 1 (RS): Work to marker, join second ball of yarn, BO center sts and work to last 4 (5, 5, 5) sts, w&t.

Row 2 (WS): Left shoulder: Work to end; right shoulder: Work to last 4 (5, 5, 5) sts, w&t.

Row 3 (RS): Right shoulder: Work to end; left shoulder: BO 3 sts, work to last 8 (9, 10, 10) sts, w&t – 12 (13, 14, 15) sts.

Row 4 (WS): Left shoulder: Work to end; right shoulder: BO 3 sts, work to last 8 (9, 10, 10) sts, w&t – 12 (13, 14, 15) sts.

Row 5 (RS): Right shoulder: Work to end; left shoulder: Work to end, hiding wraps as they appear. Slip rem sts to st holder.

Row 6 (WS): Right shoulder: Work to end, hiding wraps as they appear. Slip rem sts to holder.

LEFT FRONT

With smaller needles, CO 35 (39, 43, 47) sts.

Set up row (WS): K1 (edge st, keep in Gtr St throughout), purl to end.

Change to larger needle.

Work 4 rows in 2 x 2 Rib, maintaining edge st in Gtr St, ending with a WS row.

(RS) Begin Waffle St; work 16 rows, ending after a WS row.

(RS) Purl to last 11 sts, beg with Row 1 re-establish Waffle St over next 10 sts, k1 (edge st, keep in Gtr St throughout).

(WS) Est St st, Dec Row:

SIZES S (M) ONLY: Work 11 sts as est, working to end in St st and dec 2 sts as follows: [P2tog, p10 (12)] twice – 33 (37) sts.

SIZES L (XL) ONLY: Work 11 sts as est, work to end in St st.

ALL SIZES: Work 2 (2, 2, 4) rows as est, ending with a WS row. Pm 7 sts in from side edge.

Shape Side – Dec Row (RS): Work to 2 sts before marker, k2tog, work to end. Rep dec row every 6th row twice more – 30 (34, 40, 44) sts.

Work even until pc meas 11 (11¼, 11¼, 11½)" from beg, ending with a WS row. Pm 13 sts in from center front.

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Shape Center Front, Dec Row (RS): Work to 2 sts before marker, k2tog, work to end – 1 st dec'd.

Rep dec row EOR 0 (2, 5, 5) more times, **and at the same time**, when pc meas 12 (12½, 12½, 13)" from beg, ending with a WS row, **Shape Armhole (RS):** BO 3 (3, 4, 4) sts at beg of row, work to end – 26 (28, 30, 34) sts. Work 1 row even (WS).

Dec Row (RS): K2, k2tog, work to end.

Rep dec row EOR 3 (4, 5, 8) more times – 22 (23, 24, 25) sts.

Work even until armhole meas 7½ (8, 8½, 9)", ending with a RS row.

Shape Shoulder using short rows:

Row 1 (WS): Work to last 4 (5, 5, 5) sts, w&t;

Row 2 (RS): Work even.

Row 3 (WS): Work to last 8 (9, 10, 10) sts, w&t;

Row 4 (RS): Work even.

Row 5 (WS): Work even, hiding wraps as they appear.

With RS together, using Three Needle BO Method, join 12 (13, 14, 15) left front shoulder sts with 12 (13, 14, 15) back left shoulder sts, but Do Not BO last st (last st will be used as edge st for neckband, keep in St st throughout). Cont as est on rem 11 sts, work even until pc meas 3 (3¼, 3¾, 4)" from shoulder, end after a WS row. Slip sts to st holder.

RIGHT FRONT

With smaller needles, CO 35 (39, 43, 47) sts.

Set up row (WS): Purl to last st, k1 (edge st, keep in Gtr St throughout).

Change to larger needles.

Work 4 rows in 2 x 2 Rib maintaining edge st in Gtr St, ending with a WS row.

(RS) Begin Waffle St; work 16 rows, ending after a WS row.

(RS) K1 (edge st, keep in Gtr St, throughout), beg with Row 1 re-establish Waffle St over next 10 sts, purl to end.

(WS) Est St st, Dec Row;

SIZES S (M) ONLY: Working to last 11 sts in St st, dec 2 sts as follows: [P10 (12) p2tog] twice, work to end as est – 33 (37) sts.

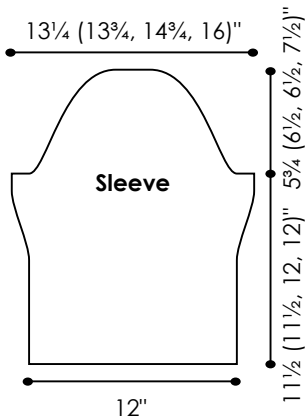
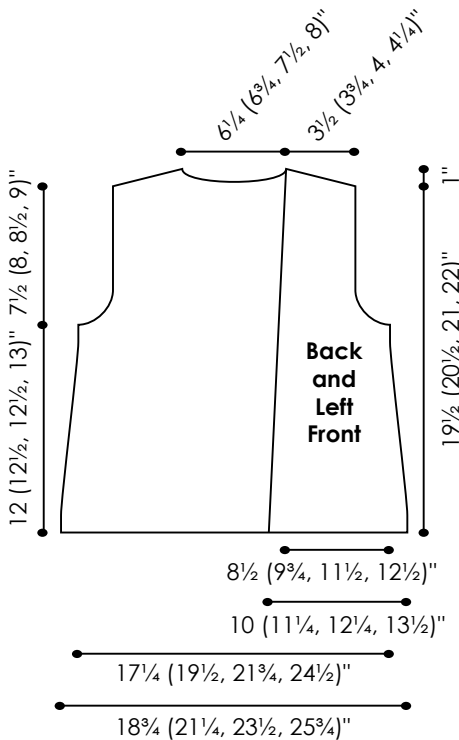
SIZES L (XL) ONLY: Work to last 11 sts in St st, work to end as est.

ALL SIZES: Work 2 (2, 2, 4) rows as est, ending with a WS row. Pm 7 sts in from side edge.

Shape Side, Dec Row (RS): Work to marker, slip marker, ssk, work to end.

Rep dec row every 6th row twice more – 30 (34, 40, 44) sts.

Work even until pc meas 11 (11¼, 11¼, 11½)" from beg, ending with a WS row. Pm 13 sts in from center front.



Shape Center Front, Dec Row (RS): Work to marker, slip marker, ssk, work to end. Rep dec row EOR 0 (2, 5, 5) more times, **and at the same time**, when pc meas 12 (12 1/2, 12 1/2, 13)" from beg, ending with a RS row, **Shape Armhole (WS):** BO 3 (3, 4, 4) sts at beg of row, work to end.

Dec Row (RS): Work to last 4 sts, ssk, k2. Rep dec row EOR 3 (4, 5, 8) more times – 22 (23, 24, 25) sts. Work even until armhole meas 7 1/2 (8, 8 1/2, 9)", ending after a WS row.

Shape Shoulder using short rows:

Row 1 (RS): Work to last 4 (5, 5, 5) sts, w&t.

Row 2 (WS): Work even.

Row 3 (RS): Work to last 8 (9, 10, 10) sts, w&t.

Row 4 (WS): Work even.

Row 4 (RS): Work even, hiding wraps as they appear.

With RS together, using Three Needle BO Method, join 12 (13, 14, 15) right front shoulder sts with 12 (13, 14, 15) back right shoulder sts, but Do Not BO last st (last st will be used as edge st for neckband, keep in St st throughout). Cont as est on rem 11 sts, work even until pc meas 3 (3 1/4, 3 3/4, 4)" from shoulder, ending after a WS row. Slip sts to st holder.

SLEEVES

With smaller needles, CO 42 sts.

Purl 1 row (WS).

Work 4 rows in 2 x 2 Rib, ending with a WS row.

Work 8 rows in Waffle St, ending with a WS row.

Next row (RS): Purl.

Change to larger needles. Work even in St st until pc meas 6 1/4 (5 3/4, 5 1/4, 5 1/4)" from beg, ending with a WS row. Pm each side of center 12 (14, 16, 18) sts.

Shape Sleeve, Inc Row (RS): Work to first marker, m1-r, slm, work to second marker, slm, m1-l, work to end – 2 sts inc'd.

Rep inc row every 18th (10th, 6th, 4th) row 1 (2, 4, 6) more times – 46 (48, 52, 56) sts.

Work even until pc meas 11 1/2 (11 1/2, 12, 12)" from beg, ending with a WS row.

Shape Cap (RS): BO 3 (3, 4, 4) sts at beg of next 2 rows – 40 (42, 44, 48) sts.

Dec Row (RS): K2, k2tog, work to last 4 sts, ssk, k2 – 2 sts dec'd.

Rep dec row EOR twice, every 4th row once, then EOR 9 (10, 11, 13) times, ending with a WS row – 14 sts.

BO 3 sts at beg of next 2 rows – 8 sts. BO all sts.

FINISHING

Block pcs to measurements. Set in sleeves. Sew side and sleeve seams.

Neckband: Slip neckband sts to needles and join sts using Three Needle BO Method. Sew neckband to back neck edge.