

Twisted Stitch Mitts
designed by Amy McElwain

Classic Elite Yarns

The Yarn

Wool Bam Boo

50% wool, 50% bamboo

The softness, drape and exquisite stitch definition of Wool Bam Boo makes it the perfect yarn for sweaters just about anything. The wool component adds a touch of elasticity, bounce and a slight halo to the yarn, and the bamboo adds the elegant drape and subtle sheen—an ideal combination of fibers.

The Pattern

Skill Level: Intermediate

SIZES

XS (S, M, L). Shown in size XS.

FINISHED MEASUREMENTS

6½ (7, 7½, 8)" hand circumference; 6 (6½, 7¼, 8)" long

YARN

Wool Bam Boo by **Classic Elite Yarns**
(50% wool, 50% bamboo; 50 gram ball = approx 118 yards)
1 (2, 2, 2) balls 1641 Havanna Red

NEEDLES

One set of double pointed needles (dpns) in size US 4 (3.5 mm) **or size to obtain gauge.**

OTHER MATERIALS

Stitch markers
Cable needle (cn)
Stitch holder or waste yarn

GAUGE

26 sts and 36 rows = 4" in Rev St st.
Take time to save time, check your gauge.





ABBREVIATIONS

approx: approximately
beg: begin(ning)
BO: bind off
BOR: beginning of rnd
CO: cast on
cont: continue
est: establish(ed)
g: gram
inc('d): increase(d)
k: knit
LT: (left twist) sl 1 st to cn; hold in front; k1-tbl, k1-tbl from cn
LT-purl: sl 1 st to cn; hold in front; p1, k1-tbl from cn
m1p: (make 1 purlwise) insert LH needle under horizontal strand between st just worked and next st, from the back to the front, purl (1 st inc'd)
meas: measure(s)
p: purl
patt: pattern
pm: place marker
rep: repeat
RH: right hand
rnd(s): round(s)
RT: (right twist) sl 1 st to cn; hold in back; k1-tbl, k1-tbl from cn
RT-purl: sl 1 st to cn; hold in back; k1-tbl, p1 from cn
slm: slip marker
st(s): stitch(es)
tbl: through the back loop

PATTERN STITCHES

Twisted Rib (even number of sts)

All rnds: *K1-tbl, p1; rep from * around.

Reverse Stockinette Stitch (Rev St st):

Purl all rnds.

Backward Loop Cast-on Method: *Wrap yarn around left thumb from front to back and secure in palm with other fingers. Insert needle upwards through strand on thumb. Slip loop from thumb onto RH needle, pulling yarn to tighten. Rep from * for desired number of sts.

Twisted Stitch Pattern (panel of 15 sts; 20 rnd rep)

(also see chart on page 3)

Note: All knit sts are worked through the back loop, including RT and LT sts.

Rnd 1: P5, k1-tbl, p3, [k1-tbl, p1] three times.
Rnd 2: P5, LT, p2, LT-purl twice, p2.
Rnd 3: P5, k1-tbl twice, p3, [k1-tbl, p1] twice, p1.
Rnd 4: P4, RT-purl, LT, p2, LT-purl, p3.
Rnd 5: P4, k1-tbl, p1, k1-tbl twice, p3, k1-tbl, p3.
Rnd 6: P3, RT-purl twice, LT, p6.
Rnd 7: P3, [k1-tbl, p1] twice, k1-tbl twice, p6.
Rnd 8: P2, RT-purl three times, LT-purl, p5.
Rnd 9: P2, [k1-tbl, p1] three times, p1, k1-tbl, p5.
Rnd 10: P1, RT-purl three times, p2, k1-tbl, p5.
Rnd 11: [P1, k1-tbl] three times, p3, k1-tbl, p5.
Rnd 12: P2, RT-purl twice, p2, LT, p5.
Rnd 13: P2, [k1-tbl, p1] twice, p2, k1-tbl twice, p5.
Rnd 14: P3, RT-purl, p2, RT, LT-purl, p4.
Rnd 15: P3, k1-tbl, p3, k1-tbl twice, p1, k1-tbl, p4.
Rnd 16: P6, RT, LT-purl twice, p3.
Rnd 17: P6, k1-tbl twice, [p1, k1-tbl] twice, p3.
Rnd 18: P5, RT-purl, LT-purl three times, p2.
Rnd 19: P5, k1-tbl, p2, [k1-tbl, p1] three times, p1.
Rnd 20: P5, k1-tbl, p2, LT-purl three times, p1.
Rep rnds 1-20 for Twisted St Patt.

LEFT MITT

Cuff: CO 42 (44, 48, 52) sts. Distribute sts as evenly as possible on dpns and join to work in the rnd, being careful not to twist sts. Pm for BOR and work Twisted Rib for 2½ (2½, 2¾, 3)".

Work 1 rnd as est, increasing 1 st at beg (end, beg, end) of rnd – 43 (45, 49, 53) sts.

Shape thumb gusset and begin pattern:

Setup rnd: M1p, p1, m1p, pm for gusset, p3 (4, 5, 6), pm for patt, work rnd 1 of Twisted St Patt, pm for patt, purl to end – 45 (47, 51, 55) sts; 3 gusset sts between BOR and gusset markers.

Next rnd: Purl to first patt marker, slm, work rnd 2 of Twisted St Patt, slm, purl to end.

Gusset Inc rnd: M1p, purl to gusset marker, m1p, slm, purl to first patt marker, slm, work next rnd of Twisted St Patt, slm, purl to end – 2 sts inc'd.

Cont as est and rep gusset inc rnd every 3rd rnd 3 (4, 5, 6) more times and then every 4th rnd once – 55 (59, 65, 71) sts; 13 (15, 17, 19) sts between markers for gusset.

